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NEW STUDY REVEALS BREAKTHROUGH TREATMENT FOR CHRONIC PAIN

“AUTONOMIC OVERLOAD SYNDROME” DISCOVERED BY BRADY INSTITUTE

RESULTS OF STUDY PUBLISHED IN NEW BOOK, *PAIN FREE FOR LIFE*

NASHVILLE, TENN—Dr. Scott Brady, founder of the Brady Institute for Health at Florida Hospital, announces results of a groundbreaking study which has uncovered a new diagnosis and treatment protocol for sufferers of many types of chronic pain. Termed autonomic overload syndrome (AOS), the condition is shown by research to be responsible for a physiological process that results in different types of chronic pain. In addition, the study has led to breakthrough treatments which can end chronic pain for most patients. The study, results and associated treatment protocols are published in a new book titled *Pain Free for Life* (Center Street – a division of Time Warner Book Group) available July 12, 2006.

Complete with patient testimonials and Dr. Brady’s own story of recovery from debilitating pain, *Pain Free for Life* also contains the doctor’s 6-week treatment program which has helped thousands of people around the world. In a recent study of fifty-five patients suffering on average twelve years from seemingly incurable chronic pain—all of whom Dr. Brady diagnosed with Autonomic Overload Syndrome—80% of the subjects experienced 80 to 100 percent pain recovery within four to six weeks of beginning the program.

Pain Free for Life details how the autonomic nervous system, when over stimulated, can produce many different types of symptoms, from muscle pain, to bowel cramping, to skin changes. Most importantly, the book explains what AOS is and how to treat it—providing readers with immediate and practical steps that can give them a life without pain.

Dr. Brady received his medical training at the Wake Forest University School of Medicine, after which he completed his residency and board certification in Internal Medicine in Orlando. Practicing emergency and urgent care medicine throughout central Florida for more than fifteen years, Brady is the administrator and senior medical director of Florida Hospital’s sixteen Centre Care urgent care clinics. A frequent guest lecturer to physicians, churches, and patient groups on topics including fibromyalgia, chronic back pain, mind-body-spirit disorders, the stress response, and mind-body medicine, Dr. Brady is frequently interviewed as a medical expert by media outlets.

The Brady Institute for Health was established to evaluate and treat patients suffering from Autonomic Overload Syndrome.

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